













Division of HIV Conference 6.26.24

Aging Our Way, PA is:

A 10-year strategic plan designed to help transform the infrastructure and coordination of services for Pennsylvania's older adults.

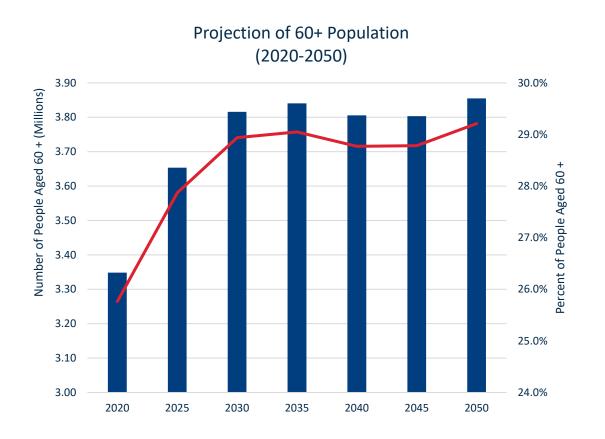
- Necessary: The investments and improvements outlined in the Plan are needed for Pennsylvania to grow alongside its aging population.
- **Stakeholder-Driven:** PDA invited community members across the state including Pennsylvanians over 60, caregivers, families, subject-matter experts and community members to recommend improvements to the services and infrastructure in their communities.
- **Collaborative:** Drawn from stakeholder input, and as directed by the Governor Shapiro's Executive Order 2023-09, state agencies and community expert partners worked together to article the priorities, strategies, and tactics included in the plan.
- Achievable: To guarantee achievability, each Tactic has been refined in active partnership with the agencies responsible for its implementation.
- **Responsive:** The Plan is designed to adapt alongside shifting needs and resources over its 10-year timeframe.
- Effective: The Plan presents an opportunity for Pennsylvania's government to work smarter.

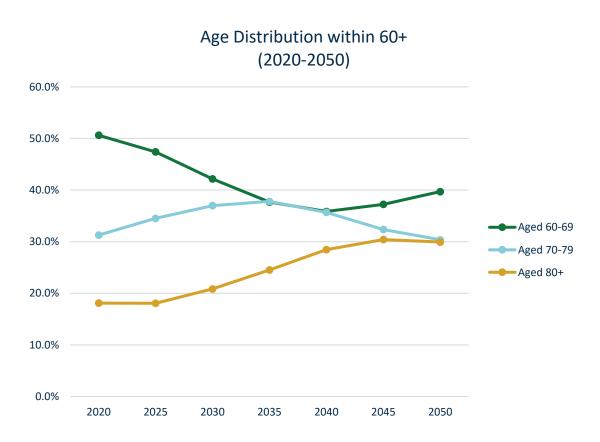






Pennsylvanians Are Aging, We Are Preparing











Data Collection

Direct Engagement (Qualitative)

- Partnership with Area Agencies on Aging
- 210 listening sessions (at least 1 per county), plus over 3,300 comments

Over 10,000 responses

Needs Assessment
Survey
(Quantitative)

- Partnership with University of Pittsburgh School of Public Health
- Survey of **900** older adults, plus nearly **7,000** online form responses

Nearly 8,000 responses







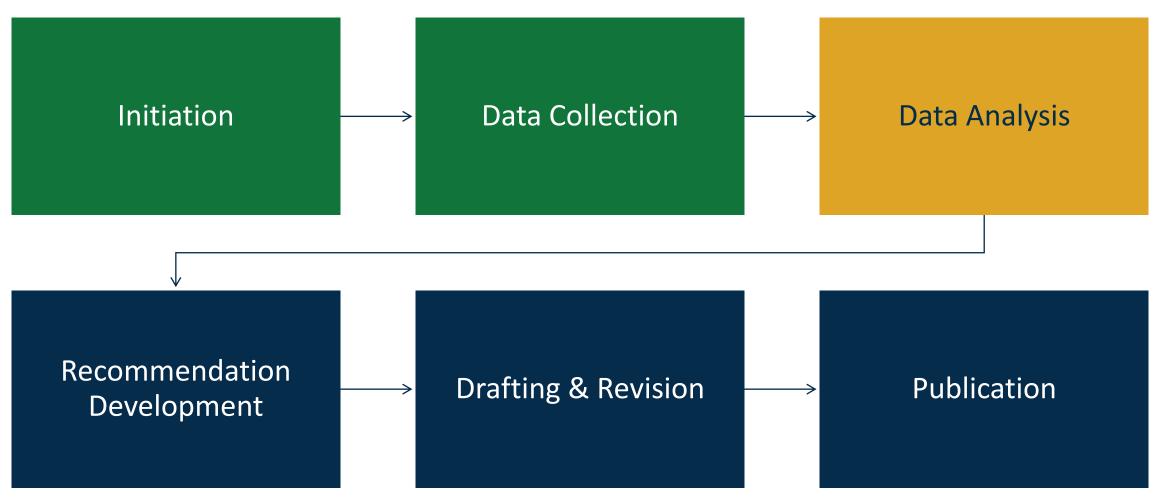
Stakeholder Engagement



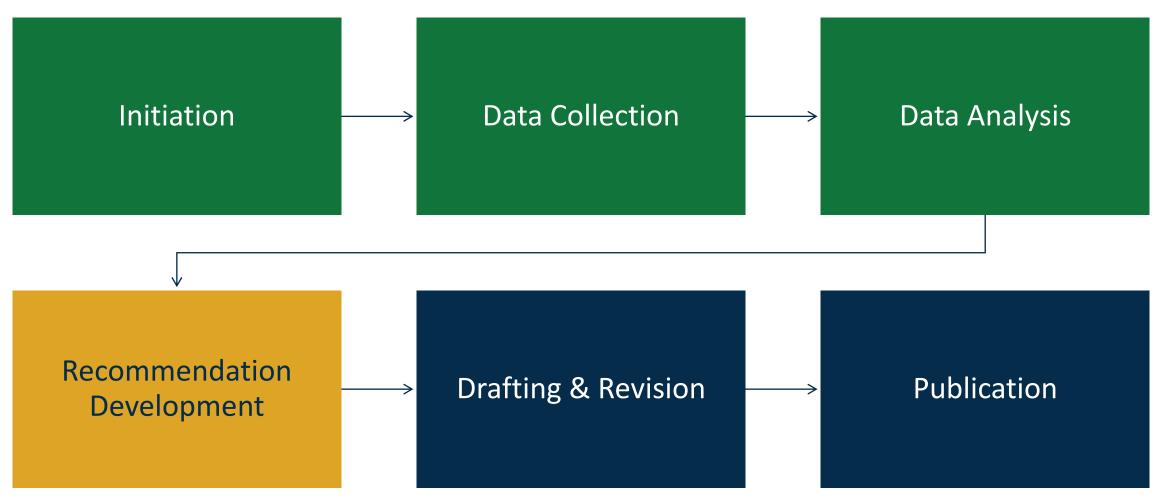
Data Collection Framework: 8 Domains of Livability

- Person-centered: creates snapshot of a person's lived experience
- Community-focused: emphasizes relationship between community and quality of life
- **Evidence-based:** regarded as "Gold Standard" for age-friendly community development

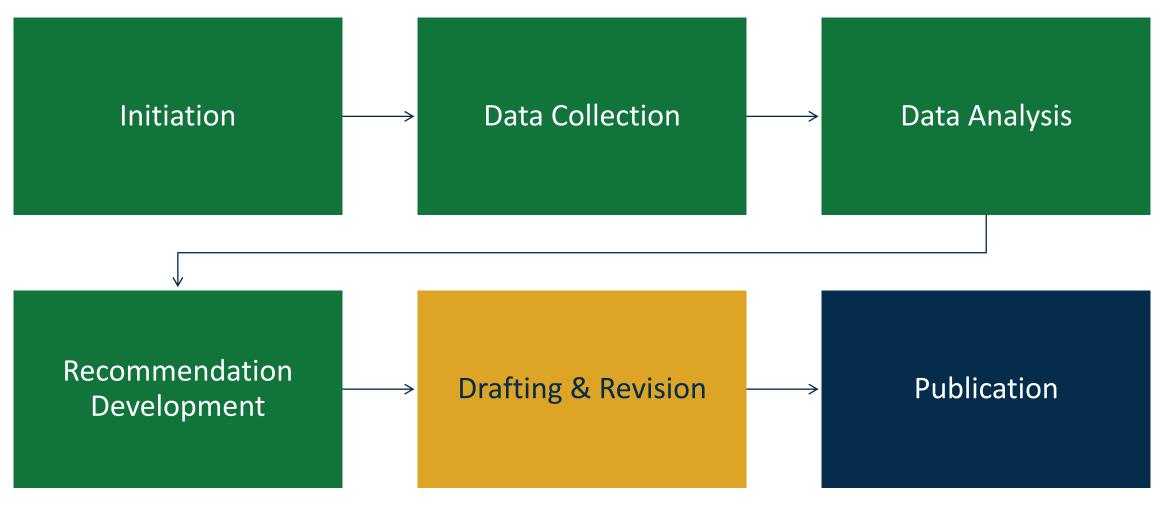














Public Comment Engagement

827 Responses **Online Form**

606 Reponses

125 Respondents

E-Mail, Mail, Voicemail

221 Comments



Public Comment Themes

Behavioral health and older adult suicide prevention

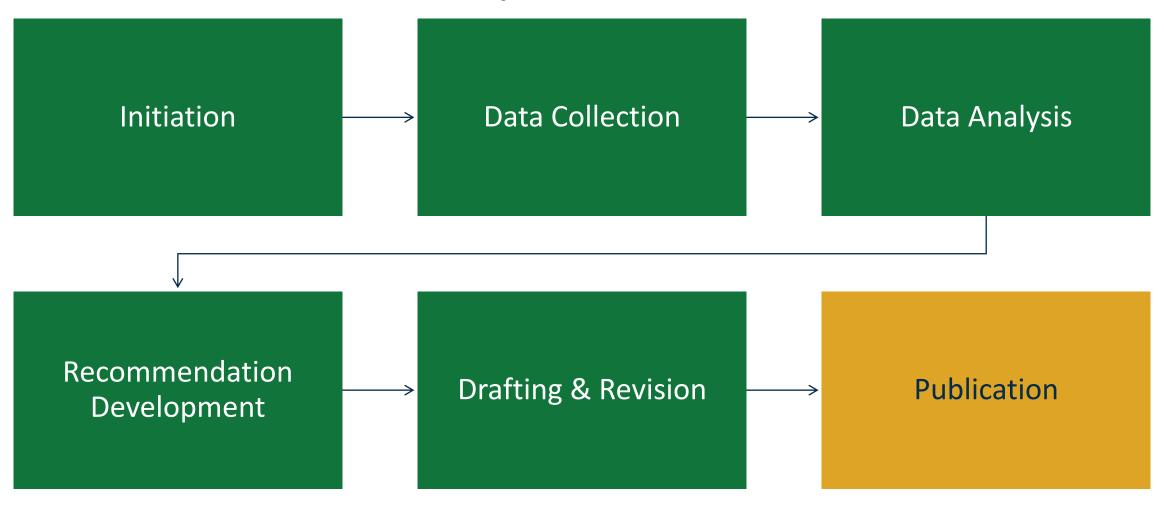
Older Adult Daily Living
Centers and LIFE
program

Incarcerated older adults

Concern for next steps implementation

Specific language changes to reframe aging







Plan Structure: Priorities, Strategies, and Tactics

Aging Our Way, PA is structured around **Priorities** (high-level themes), **Strategies** (mid-level solutions), and **Tactics** (specific, measurable actions).

Unlocking Access

Eliminate barriers preventing equitable ability of older Pennsylvanians to live healthy, fulfilling lives.

10 Strategies

25 Tactics

Aging in Community

Enable older Pennsylvanians to maintain secure housing, active community involvement, and familiar surroundings.

12 Strategies

65 Tactics

Gateways to Independence

Promote older adults' unhindered mobility and safe, convenient, and autonomous use of transportation.

5 Strategies

20 Tactics

Caregiver Supports

Provide support, training, respite, and navigation tools to paid and unpaid caregivers.

2 Strategies

6 Tactics

Education and Navigation

Streamline the resolution of complex problems faced by older adults through improvements to the connections, reach, and delivery of the services network.

6 Strategies

40 Tactics



Long-Term Care & Aging



Author a Long-Term Care Patient Bill of Rights that will protect the rights and dignity of older adults in the long-term care system, especially historically marginalized people.



Plan Impact

Await the final version of Aging Our Way, PA in May 2024!

Year 1: Expanding and Improving Existing Programs and Resources

• In its first year, Aging Our Way, PA will immediately support the needs of older adults by improving successful and scalable programs while laying the groundwork for more ambitious long-term projects.

Year 5: Redesigning Infrastructure Across Sectors

• By year 5, **Aging Our Way, PA** will build on research and program evaluation to develop new programs that address gaps in services and infrastructure supporting older adults.

Year 10: Reimagining and Building System of Supports

• Through **Aging Our Way, PA**, the service delivery and advocacy networks transformed over the previous decade will deliver reimagined systems of supports that elevate the aging experience to be the best phase of a person's life.



Questions?











